## Non-SNP Medicare Health Risk Assessment (HRA)

Place a $\checkmark$ on the boxes that apply to you. The information you provide will help us tailor your care plan to your needs. The sooner we get your HRA back, the sooner we can design your care plan.

| Contact Info |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| First Name | Last Name | Middle Initial |  |  |
| Medicare ID \# |  | Date of Birth (MM/DD/YYYY) |  |  |
| Street Address | State | Zip | County |  |
| City |  |  |  |  |

How would you rate your overall health? $\quad \square$ Poor $\quad \square$ fair $\square$ Good $\square$ Excellent

| In the past three months, have you gone to an emergency room for care? | $\square$ Yes | $\square N_{0}$ |
| :--- | :--- | :--- |
| Were you admitted to the hospital anytime within the last 6 months? | $\square$ Yes | $\square \mathrm{N}_{0}$ |
| Have you ever been diagnosed with Diabetes or blood sugar problems? | $\square$ Yes | $\square N_{0}$ |
| Have you even been diagnosed with Coronary Artery Disease or other heart problems? | $\square$ Yes $\quad \square \mathrm{N}_{0}$ |  |


| In the last 3 months, how many unplanned admissions to Mental Health or substance use issues have you had? | oom for $\square$ <br> None $\square$ 1 or 2 $\square$ More than 2 |
| :---: | :---: |
| Do you think you have a problem with alcohol or drugs? | $\square \mathrm{Yes} \square \mathrm{No}^{\circ}$ |
| Have you fallen two or more times in the last 3 months? | $\square$ Yes $\square^{\text {No }}$ |
| Do you need help with daily living skills? | $\square$ Yes $\square$ No |
| If Yes: Do you have the support that you need? | $\square \mathrm{Yes} \square \mathrm{No}_{0}$ |


| Preferred phone \# | May we text you at this number? | $\square$ Yes | $\square$ No |
| :--- | :--- | :---: | :---: | :---: |
| Date (MM/DD/YYYY) | What is the best time to reach you? | 10:30 | AM |

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[^0]:    Sales agent to complete this form with the member and submit via email to NONSNPHRAsubmissions@anthem.com.

